Mayor’s Message: A Long History as “A Land of Opportunity”

Being a City on the Move means we are always looking forward, but we never take for granted what it took to build our great community. This month, we are celebrating our city’s past accomplishments.

Shakespeare once said, “What is a city but the people?” I look around and see all of the things that South Salt Lake residents, businesses and leaders built with their own time, money, and often their own hands. We are fortunate to have pieces of history sprinkled throughout our city to remind us that we have deep roots. In the past few years, we have invested in and renovated Columbus School (1999), Woodrow Wilson Elementary (2014), and have begun to design for improvements to modernize Historic Scott School. This is “placemaking” – creating places where people want to be. Our historic treasures have always felt like home to me and others in our community. I am thankful we continue to preserve our past, but that we are always finding ways to shape our own future.

Our community is a place where people get their start, work hard, and build a life for themselves. We are truly a “land of opportunity.” I find it fascinating to see how our city has changed over time, responding to the opportunities that presented themselves. We were first a stand-alone pioneer settlement, and then one of the first suburbs in the valley. Soon after, we became The City of Industry, and then saw tremendous population growth as more housing was built and more residential areas were annexed. We still anticipate tremendous growth into the future, but this time it will happen within our current city boundaries and by converting older under-utilized and industrial properties to more urban uses. Our location makes us a targeted location for new homes, new businesses, and regional attractions. We are embarking on building a new downtown for South Salt Lake, in the area between 2100 South and I-80 from State Street to 300 West. This may be the most significant period of growth in our history. All of this creates opportunity to start a new business, move into a new home, seek a different job, and find new entertainment. Do you have a story about making your start in South Salt Lake? I would love to hear it and make it a part of our history. You can email me at mayor@southsaltlakecity.com.

South Salt Lake Annexation History

The City of South Salt Lake was incorporated as a city in 1938, over 75 years ago. The city was founded by a group of local leaders who wanted to deliver water service to their neighborhood, and found they were just going to have to do it themselves. Over time, through annexation, the city grew from two square miles to nearly seven square miles. The most recent annexation in 1998 added over two square miles and nearly doubled the population. The city has continued to grow. South Salt Lake grew a surprising 12% (nearly 3,000 residents) between the years 2000 and 2014.

This map shows the land that was acquired by the city by year.
South Salt Lake • On The Move • City Newsletter

Downtown South Salt Lake – Now and Then

South Salt Lake is promoting a new city center in the blocks southwest of the intersection of State Street and 2100 South. The city center will include a mix of uses and will be a walkable, urban place to live, work, shop and do business, which makes many people ask, “Where did we used to go for all of these services? Has South Salt Lake ever had a Downtown or a Main Street?” While the city never had a true Main Street district like some other Utah towns, it did have numerous well-known attractions. These include Granite High School (which included a 1500 seat auditorium), the Granite Tabernacle at the corner of 3300 South State Street and Wandamere Park, where Nibley Park Golf Course now sits. There was even a streetcar line down 700 East to the park. All of these places drew crowds, but they were independent attractions, not a part of a downtown. South Salt Lake does have Main Street and State Street, which literally connects the whole state together, but neither has had a consistent concentration of businesses and attractions. The closest the city may have come to a city center was the cluster of city buildings that were built together at approximately 2500 South State Street in the 1950s. For decades, residents converged here to visit city hall, an auditorium, library, senior center, and police station. Madison Elementary School sat across the street on the east side of State. These buildings were all torn down to make way for the hospital, which is now Granite School District headquarters.

A View of State Street at approximately 3600 South, looking northeast. The Avalon Theatre, which is now the Utah Children’s Theatre, is on the right side.
South Salt Lake Neighborhood Leadership
This month, South Salt Lake is launching a new program dedicated to community and neighborhood leadership. The South Salt Lake Neighborhood Leadership program supports grassroots leaders to build community and improve quality of life for residents of South Salt Lake. By visiting the website at sslneighbors.com, South Salt Lake residents can access information and short video clips that include city services, programs, and resources.

“I am proud to launch the South Salt Lake Neighborhood Leadership Initiative this year,” says South Salt Lake Mayor Cherie Wood. We are crafting new ways to help residents get involved in the community, and to lead it. We want to help build an informed, excited citizenry who can lead our community’s future.”

South Salt Lake Neighborhood Leadership encourages resident-generated ideas for new community-led initiatives. The program serves as an introduction to South Salt Lake government and leaders. “We want to build a bridge for talented, committed individuals to share a vision to bring neighbors and friends together as we help to build something great,” says Mayor Wood.

Visit sslneighbors.com to get involved! For more information, contact Glenn Smith, South Salt Lake Urban Livability Department at 801.412.3622 or Kari Cutler, Director of Promise South Salt Lake at 801.815.1754.
Do you have difficulty falling asleep or staying asleep? How do you prepare yourself for sleep, and what can you do to promote a comfortable environment conducive to sleep and improve your quality of rest?

**Improving Your Sleep**

- Have a regular bedtime and wake-up time
- Create a sleep-conducive environment: a cool, dark, and quiet room
- Avoid caffeine, nicotine, and heavy meals before bedtime
- Establish a relaxing bedtime routine

**Promising South Salt Lake Neighborhood Center Update: Hser Ner Moo Community and Welcome Center**

By Promise South Salt Lake Manager Mark Lowe

The holiday season is always a time in which generosity abounds in South Salt Lake. It is a time in which people gather from all corners of the community to share time, talents, and gifts with each other.

The spirit of generosity was on full display on Saturday, December 13, when the annual Jazz Bear Christmas/Shop with a Cop event was part of the broader initiative, Bear Hugs for Kids, in which 440 youth received holiday generosity. Youth from the Hser Ner Moo Center participated in the Jazz Bear Christmas.

**New Utility Box Art Installation: “Sister & Brothers”**

Artist Gary Gautney recently had his painting “Sister & Brothers” installed on 3300 South State (by the Wells Fargo). The South Salt Lake Utility Box Art Program provides artists the opportunity to showcase their work throughout the city while at the same time making South Salt Lake a more beautiful place to live, work, and worship.

Gary is a watercolorist from Chester, Utah, who spent part of his childhood growing up in South Salt Lake and attending Whittier Elementary. The painting’s inspiration came when Gary met a family in Park City during an art show in 2005. He saw three siblings eating snow cones together and took their picture. He created the painting years later and sent it to the family.

Gary said of the painting, “It doesn’t matter who you are, we’re all in this together.” He’s happy to have his art displayed in South Salt Lake. The Utility Box Art program is implemented by the South Salt Lake Urban Livability Department with assistance from the South Salt Lake Arts Council.

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With few restrictions on what they could buy, the youth enthusiastically began reaching for their favorite toys and games. Impressively, however, these youth, in turn, displayed their own sense of generosity. One of the girls selflessly purchased milk for her family; another bought shoes, which days later appeared on her sister’s feet. Still another bought an action figure for a family member.

This story exemplifies the spirit of giving that floods South Salt Lake. Generosity – found among youth and adults alike – has become contagious in this community.

**South Salt Lake Chamber Update**

Happy New Year to the residents and businesses of South Salt Lake! The chamber was honored to have the President of Westminster College, Dr. Brian Levin-Stankevich, present at our December Luncheon. South Salt Lake is so fortunate to have Westminster as a community partner.

We would like to introduce the Chamber’s 2015 Board of Directors:

- Villa Van Tonder, VT Accounting Services
- Gary Knapp, Columbus Community Center
- Sharon Opfermann, Camp Bow Wow
- Rick Taggart, American Funds and Trusts
- April Dubiner, University of Utah Health Care
- Beeta Taylor, America First Credit Union
- Dick Taggart, American Funds and Trusts
- Frank Lilly, City of South Salt Lake
- Gary Nielson, Martin Garage Doors
- Julie Miller, Sealants for Smiles
- Kathy Ricci, Microenterprise Loan Fund
- Roger Parkin, Mark Miller Subaru
- Scott Olson, Les Olson Company
- Tom Holstrom, Central Valley Water Reclamation

This team of professionals will allow us to create an even stronger Chamber of Commerce.
South Salt Lake • On The Move • City Newsletter

Alianza Academy at the Columbus Center, a free public charter school with an emphasis on personalized learning and experiential arts education, is currently accepting applications for the 2015-16 school year for grades K-8. Residents of South Salt Lake who apply before February 24 will be given preference in our lottery. We will hold our lottery on February 25 to fill available spots. The application process is simple: go to alianzaacademy.org and click on “Apply Now.” Choose the Columbus Center site, enter your contact information, then add your students. For more information, please visit our website or call Marian Florence at 801.553.1157 ext. 0.

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How to Stop Negative Thoughts From Getting You Down
By MindBodyGreen

Everyone has negative thoughts from time to time, and they certainly have their place in the world. You wouldn't want to be so positive that you believe you can travel across a city from building to building, for example.

But what happens to many of us is that negative, defeatist thoughts run on repeat in our heads, preventing us from taking action and moving forward when we’re more than capable of doing so.

If it were easy to stop this negativity playlist, pretty much everyone would. But, it’s not the simplest change to make. That’s why the folks at Happify.com have created an infographic that details some surprising statistics about negative mindsets, and offers some effective techniques to shift to a more positive outlook.

Check out the infographic from the Happify.com website and share some of your strategies for cutting out negative thoughts!

Parents! Lift Your Youth to Future Employment

The Lifting Youth to Future Employment (LYFE) program is for youth ages 14-21 in order to help develop skills needed to succeed in a career. The LYFE program is flexible and will be tailored around your child’s schedule and job preferences.

Participants even earn cash for certain achievements:

- Earning a high school diploma or GED (Up to $300)
- Increasing their GPA or training program progress ($20-$100 depending on type of program)

Participants must be between the ages of 14 and 21, legally authorized to work in the United States (legal status of parents or guardians is not considered)

Eligibility requirements:

- Must be between the ages of 14 and 21
- Must be legally authorized to work in the United States (legal status of parents or guardians is not considered)
- There are income and circumstance requirements for this program. You will find out if your child is eligible within two to three weeks after you submit your application.

Interested? Visit jobs.utah.gov/services/wiayouthintro.pdf or call 801-526-9675. You can also go to DWS Metro Center office at 720 S 200 E, Salt Lake City, and ask about the LYFE program at the front desk.

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For more information about 2531 South 400 East
Monday - Thursday
Youth Open Gym
2531 South 400 East
Spring March-April.
Mondays 7:00 p.m. to 9:00 p.m.
Youth & Adult
join us on Tuesday afternoons!
for tournament practices. Come
Learn the game as a beginner,
Come join us at the Columbus
Tuesdays 4:00 p.m. to 5:00 p.m.
Chess Club Open
2531 South 400 East
Columbus Center
Contact Dustin Permann with
dpermann@southsaltlakecity.com.
questions at 801.412.3209 or
2797 South 200 East
Central Park Community Center,
2 courts
2531 South 400 East

Youth & Adult
Volleyball
Mondays 7:00 p.m. to 9:00 p.m.
Ages 14 and up
Open gym
League and Tournament is in the
spring March-April.
Columbus Center
2531 South 400 East

Youth Open Gym
Monday - Thursday
3:00 p.m. - 5:00 p.m.
Columbus Center
2531 South 400 East
For more information about
recreation activities, contact
Myrna Clark at 801.483.6076 or
mclark@southsaltlakecity.com.

Pickelball
Pickelball is like a combination
of ping pong, tennis, and
badminton. Two or four people
on a badminton-sized court use
paddles and a wiffleball to play
the game. The South Salt Lake
Recreation Department hosts free,
open play pickelball for everyone
who lives, learns, works, and plays
in South Salt Lake. The goals are
to have fun, learn a new sport,
and get some exercise. All are
welcome.
Wednesdays - Beginners
11:00 a.m. to 1:00 p.m.
Columbus Center Gym, 1 court
2531 South 400 East
Thursdays - Advanced
10:00 a.m. to Noon
Central Park Community Center,
2 courts
2797 South 200 East
Contact Dustin Permann with
questions, at 801.412.3209 or
dpermann@southsaltlakecity.com.

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South Salt Lake • On The Move • City Newsletter

Emerald Ash Borer: Preparing for a Pest
By Joaquin Garcia, South Salt Lake County Parks Supervisor

As a Certified Arborist for the city of South Salt Lake, it is my privilege to preserve and protect trees and to create a safe urban forest for the residents of South Salt Lake. Because of these responsibilities it is my duty to bring Emerald Ash Borer (EAB) awareness to city residents and staff.

The adult EAB is a green metallic beetle about a half inch in length. The EAB has caused massive die-off of ash trees in the East and Midwest. It lays its larvae in the inner bark of an ash tree, which feeds on the tree from the inside, ultimately causing the tree to die within 2 years of infestation. The EAB only attacks Ash tree species. A tell-tale sign of its existence is D-shaped holes in the Ash tree; the EAB is also easily identifiable. In the Midwest, the EAB has caused millions of dollars in costs due to the removal and quarantine of Ash trees and lumber. This number may well rise into the billions, because at this time there is no known method to eliminate the EAB. The EAB has been migrating westward; there has been an outbreak in eastern Colorado, and it is anticipated that the EAB will arrive in Utah within the next decade. The most effective method for Utahns to battle EAB is to stop planting Ash trees now, and to formulate a plan for when it arrives.
The city has removed the Ash tree from the approved planting list in our landscape handbook. It will ensure that any new city trees are selected from other species. We have brought this issue to our city council’s attention, and staff and elected officials are formulating plans to address this problem when it arrives in Utah. For more information about the EAB, please visit emeraldashborer.info or email me at jgarcia@southsaltlakecity.com.

Healthy South Salt Lake: How to Meditate

Turn Your Key, Be Idle Free

Each year, idling vehicles in the U.S. consume more than 2 billion gallons of diesel and gasoline—without even moving. Roughly half of that fuel is wasted by noncommercial passenger vehicles – the millions of individual drivers waiting “just a few minutes” to pick up friends or family, or waiting to move forward in line at a drive-thru.
Unnecessary idling not only wastes fuel, but also contributes a significant amount of emissions into the air each day. This is especially concerning in Utah, where the Department of Environmental Quality estimates that vehicle exhaust accounts for more than 50% of the air pollution in our state. With many areas of the state in non-attainment for the national air quality standards, poor air quality has become a significant public health concern.

Making your breath calm and even is called the method of “following one’s breath.” If it seems hard at first, you can substitute the method:
• As you breathe in, count 1 in your mind, and as you breathe out, count 1.
• Breathe in, count 2; breathe out, count 2.
• Breathe in, count 3. Breathe out, count 3; and so on.
• Continue through 10, then return to 1 again.
Source: oprah.com

Not idling saves money
It is estimated that the average driver idles his or her vehicle for 10 minutes each day. Considering, an idling car wastes up to 0.5 gallon per hour, drivers all across America are consuming significant amounts of fuel (that they have paid for) to go nowhere. Over time this translates to considerable fuel costs and engine wear.

Not idling reduces pollution
When a vehicle is idling, it continues to release emissions into the air. Additionally, when a vehicle is not moving, more pollutants are able to enter the cabin of the car.

Not idling supports public health
Talk to your doctor to see if it helps your heart, lungs, and the rest of your body. These pollutants aggravate respiratory and cardiovascular problems, especially in children who take more air into their lungs per minute than adults.
Source: utahclancies.org

Share your Milestones with the South Salt Lake On the Move Community!
Are you or a loved one celebrating a milestone in your life this year? Share your engagement announcement, birthday, college graduation, Eagle Scout Award, anniversary, and more celebrations with the On the Move community! Email us a photo and a photo caption identifying the milestone celebration and those pictured to onm@socialmarketingconsultants.com. We look forward to sharing your great news with the community!
South Salt Lake • On The Move • City Newsletter

City of South Salt Lake Governance Business Keeping Up With the Council

This is a summary of action items voted upon by the city council during the previous month, and how each member of the council voted. To read council agendas and minutes in detail, visit the city’s website and select the meeting date you are interested in: southsaltlakecity.com/city-government/councilmeetings.

To receive a council meeting agenda prior to each meeting, call Paula at 801.464.6719 or email paula@southsaltlakecity.com. Individuals may also ask to receive council meeting minutes in draft form as soon as three days following a city council meeting.

City Council Meeting - January 14, 2015

1. Approved – A resolution Expressing Support for Vote by Mail for South Salt Lake's 2015 Primary and General Elections.

2. Approved – A resolution Encouraging the State of Utah to Address Comprehensive Transportation Funding.

To see the minutes for this meeting please visit the city’s website at: southsaltlakecity.com/city-government/council-meetings. Draft minutes will be posted by the end of Monday following the meeting.

Write Here Visits Granite Park Junior High

While Write Here, South Salt Lake’s community-based writing center, is located at the Historic Scott School, we have no problem coming to you! In November, a few members of the Write Here team along with a Ph.D. candidate in Physical Geography at the University of Utah, Tim Edgar, visited Curtis Jones’ AP Human Geography class at Granite Park Junior High. It was a great experience for everyone involved, and we will continue to hold workshops for the AP Geography class. Write Here is happy to draw on its own expertise and endeavors to connect people and organizations to improve community literacy. We hope to see more faces frequent the center. We’re open every Monday through Thursday 3:00 p.m. to 7:00 p.m.

English Skills Learning Center Offers Job Readiness Program

Learn English and get the skills you need to succeed at work at the same time! The English Skills Learning Center will be offering a job readiness program here in South Salt Lake at the Central Park Community Center. If you are able to read and write basic personal information like your name and address you have what you need to participate in this program. You will learn how to fill out job applications, how to speak with other people at work and things you need to know in order to succeed at work in America, all while improving your English skills. Specific class times and start dates will be available soon.

Down Payment Assistance Loans Available

Down payment assistance loans of up to $5,000 are available for first time home buyers in South Salt Lake. Funds can be used for down payment requirements and closing costs associated with a first mortgage. The city of South Salt Lake and Community Development Corporation of Utah (CDCU), a nonprofit organization that supports affordable homeownership, are excited to announce this great new program in South Salt Lake. There are a limited number of loans available on a first come, first served basis, so call 801.994.7222 or visit ocdsaltah.org.

Coffee with a Cop

Coffee with a Cop is part of a national initiative to create a common venue for community members and police officers to come together. There are no agendas or speeches, just the opportunity to ask questions, voice concerns, and the chance to get to know the officers in our neighborhoods.

Come on the first Wednesday of each month from 6:00 – 10:00 p.m. at the Village Inn on 2929 South State Street.

The next event is Wednesday, February 4, 2015.

The cost of registration is $25 for South Salt Lake residents’ first child, $20 for 2nd and child, and $15 for third child participants (an additional $5 non-resident fee is required of participating living outside of South Salt Lake). Scholarships of $10 are available for those who qualify with their free and reduced lunch letter. Register anytime Monday through Friday, 8:30 a.m.-5:00 p.m. at the South Salt Lake Recreation Department, located at the Columbus Center, 2531 South 400 East. Registration deadline is February 6, 2015.

February Announcements

Monday, February 16, 2015 Presidents Day
City offices closed

South Salt Lake City Council Meetings

Wednesday, February 11, 2015
7:00 p.m. 220 E Morris Avenue 2nd Floor
Wednesday, February 25, 2015
7:00 p.m. 220 E Morris Avenue 2nd Floor

Neighborhood Watch Meetings

Thursday, February 12
5:00 p.m.-6:00 p.m.
2255 South 200 East
Contact Officer McCullough for more information at 801.412.3600

South Salt Lake Police Department: Notice of Unclaimed Property

The South Salt Lake Police Department currently holds various unclaimed properties in our evidence room. Items include bicycles, stereo equipment, computer equipment, CD/DVDs, tools, and other miscellaneous items.

If you believe you currently have property belonging to you, please contact us in person at 2853 S Main St. or at 801.412.3665. Ownership must be proven in the form of receipts and/or detailed description. Unclaimed property will be auctioned or destroyed nine days from the date of this notice.

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Join the South Salt Lake On the Move News Community!
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FOLLOW SSL
Live United Way
United Way of South Salt Lake
Changing the odds in South Salt Lake through shared vision, leadership, data and program support.
Read more at uw.org

Follow us on Twitter: UtahTaxHelp
Utah’s statewide campaign to strengthen family financial stability through utilization of the Earned Income Tax Credit (EITC), free tax preparation, and asset formation programs.

FREE Tax preparation online at UtahTaxHelp.org if you earn $60,000 or less

FREE Tax preparation at a Volunteer Income Tax Assistance (VITA) site if you earn $33,000 or less

FREE Tax preparation at a Volunteer Income Tax Assistance (VITA) site if you earn $53,000 or less

FREE Tax preparation at a Volunteer Income Tax Assistance (VITA) site if you earn $60,000 or less

For more information, to find VITA sites or to make an appointment visit UtahTaxHelp.org, call 2-1-1, or call 1-888-826-9790

Benefits...
• Both Federal and State Taxes
• Keep more of what you earn
• Volunteers are trained and IRS certified
• Service is FREE, SAFE and RELIABLE

An initiative of
and dozens of community partners

Funding.
Utah to Address Comprehensive Transportation

Approved – A resolution Expressing Support for Vote by Mail for South Salt Lake's 2015 Primary and General Elections.

To see the minutes for this meeting please visit the city’s website at: southsaltlakecity.com/city-government/council-meetings. Draft minutes will be posted by the end of Monday following the meeting.

Sign Up for Indoor Youth Soccer

Gooooal! The South Salt Lake Recreation Department is ready to register any interested youth (ages 4 years - 6th grade) for indoor soccer. Youth participants will attend practices and games on weekday evenings from February-April, and they will also receive a team shirt, pictures, and a participation award. All players should be ready to play with shin guards. Games will be played at the Central Park Community Center and the Columbus Center.

Coffee with a Cop

Coffee with a Cop is part of a national initiative to create a common venue for community members and police officers to come together. There are no agendas or speeches, just the opportunity to ask questions, voice concerns, and the chance to get to know the officers in our neighborhoods.

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United Way of South Salt Lake
Changing the odds in South Salt Lake through shared vision, leadership, data and program support.
Read more at uw.org
Announcing a Call for Citizen of the Year Nominations
The city of South Salt Lake Citizen of the Year Award is presented to an individual citizen from South Salt Lake who has made an extraordinary contribution to the community. If you know someone in South Salt Lake who has been actively involved in the community please take the opportunity to nominate them for Citizen of the Year. For more information visit our website at southsaltlakecity.com

Nominations can be e-mailed to jallred@sslc.com. February 15, 2015 is the deadline for nominations.

To receive the South Salt Lake City On the Move Newsletter by mail or email, send your email or mailing address to jallred@southsaltlakecity.com

Jazzercise

Daddy Daughter Dance

Presenting,
“Be - You - tiful Princess”

Friday, February 6, 2015
6:00-9:00 pm
Columbus Community Center
2531 South 400 East
South Salt Lake

Price: $5 per couple, $2 for each additional daughter in group.
Daughters and Fathers of all ages are welcome! Event features dancing, balloons, princess stories, games, refreshment, crafts, and pictures.
Photos cost a nominal fee.

More info or questions?
jazzercise.com
or email: jazzercise.fitness@gmail.com